



Global Point Men

Remembering Our Legacy, Fulfilling Our Destiny

May/June, 2010

Praying Against Your Wife's Fears

There is plenty to be afraid of in this life. Your wife will face many circumstances, which can create fear in her. She also entered the marriage with certain fears that have deep roots in her life. Your wife can feel especially vulnerable and be gripped by a spirit of fear. Even the godliest, faith-filled woman can experience fear. This fear or fears can become a controlling force in her life. Yet, through your prayers, your wife can be set free from fear. You can help your wife deal with her fears by praying for her.

The following prayer guide is offered to help you pray against your wife's fears. These Scripture prayers can enable you to intercede for her concerning those fears that have taken root in her life. You can also use these prayers to pray for her protection.

Father, grant me the wisdom to help _____ deal with her fears. Deliver me from adding to those fears.

Grant me a special sensitivity to those fears and how to help her deal with them (**Proverbs 2:6**).

Father, I pray that _____ will not carry burdens that she does not have to. I plead that _____ will cast all her cares on You. Cause her to realize how you much you care for her. Show her daily that You are concerned about her and that You are guiding her (**1 Peter 5:7**).

Father, I plead that _____ will recognize that fear does not come from You. Cause her to realize that this is the attack of the enemy. Teach her that You do not want her to fear but to trust You. I pray that she will not be filled with fear but with power, love, and a sound mind in all circumstances (**2 Timothy 1:7**).

Father, I ask that _____ would know and rest in Your love for her. I ask that she will experience Your love in fresh and new ways. I pray that Your love would root out and replace fear in her life. Cause her to know that You will never leave her nor forsake her (**1 John 4:18**).

Father, deliver _____ from the fear of man. Set her free from this snare. Do not let her be consumed by what others think about her. Release her from any intimidation by others. Liberate her from a spirit of perfectionism. Help her to walk in freedom and peace. Give her grace and power to handle what others may think and say about her (**Proverbs 29:25**).

Father, cause _____ to see her fears as opportunities to trust in You. Teach her to depend on You in a greater way when she struggles with her fears (**Isaiah 43:1-3**).

Father, I ask that _____ would not give in to worry concerning anything in her life. I pray that _____ will experience Your peace which passes understanding. Guard her heart and mind from fear through this peace (**Philippians 4:6-7**).

Father, I plead that a spirit of fear will not rule _____'s life. I ask that she will trust in You with all her heart.

Cause her life to be characterized by faith and not fear (**Proverbs 3:5**).

Father, I ask that _____ will seek You concerning her fears. Cause her to cry out to You when she is afraid. I ask You to hear her and to deliver her from her fear (**Psalms 34:4**).

Father, I pray that You will give _____ strength and courage in the midst of the tough times of her life. Sustain her with Your presence, Your power, Your love, and Your peace. Enable her to wait on You and depend on You (**Psalms 27:14**).

The Praying Husband Bible Study

Lesson 4:

Praying With Discernment For Your Wife

Central Truth: Developing discernment concerning your wife is crucial to praying for her.

Praying with power demands that you pray specifically. Generalities will not help you exercise powerful intercession. God can honor and use the prayer, "Lord, bless my wife." But, how many times is that prayer a cop-out rather than a heartfelt plea? God desires more from you than the occasional "Lord, bless my

wife.” He longs for you to know her and to pray according to that knowledge.

This requires you developing a discerning spirit concerning your wife and her life.

Read And Meditate On The Word Of God

Read and meditate on **1 Peter 3:1-7**. After spending time in the Word, contemplate and answer these questions.

What is God’s desire for you as a husband?

What are you to give to your wife?

Why is the woman called the “weaker vessel”? How does this apply to your responsibility to cover your wife in prayer?

What are you heirs together of?

How could your prayers be hindered?

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1 Peter 3:7 speaks volumes to a husband. The key for our study is that praying for your wife requires that you know her. It demands that you know what is going in her life. This means that you must communicate with her, asking her what she is thinking and feeling. It means that you will have to seek the Holy Spirit for discernment concerning her.

Listening And Speaking To Your Father

Ask your Father to help you evaluate how well you know your wife. What kind of discernment do you have concerning her? Do you use your knowledge and discernment to intercede for her? Plead with the Spirit to search you and show you the truth.

Pray that the Holy Spirit will provide you with greater discernment and knowledge of your wife. Plead that this will stir you to pray for her as never before in your lives together.

Praying For Your Relationship

Can your wife talk with you? Can she share her feelings and thoughts with you without fear of being ignored, rejected, or ridiculed? Pray today that you will

develop a gentle, listening spirit concerning her. Ask that you will develop the atmosphere in your marriage

that will enable her to share with you so that you can pray specifically and with power. Claim **1 Peter 3:1-7** for your marriage.

Your World Prayer Plan

July

- 1-Luxembourg
- 2-Macao
- 3-Macedonia
- 4-Madagascar
- 5-Malawi
- 6-Malaysia-The Church
- 7-Malaysia-The Lost
- 8-Malaysia-Open Doors
- 9-Maldives
- 10-Mali
- 11-Malta
- 12-Marshall Islands
- 13-Martinique
- 14-Mauritania
- 15-Mauritius
- 16-Mexico-The Church
- 17-Mexico-The Lost
- 18-Micronesia
- 19-Midway Islands
- 20-Moldova
- 21-Monaco
- 22-Mongolia
- 23-Montserrat
- 24-Morocco-The Church
- 25-Morocco-The Lost

- 26-Morocco-Persecuted Believers
- 27-Mozambique-The Church
- 28-Mozambique-The Lost

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- 29-Myanmar (Burma)-The Church
- 30-Myanmar (Burma)-The Lost
- 31-Namibia

August

- 1-Nauru
- 2-Nepal-The Church
- 3-Nepal-The Lost
- 4-Nepal-Mission Efforts
- 5-Netherlands
- 6-Netherland Antilles
- 7-New Caledonia
- 8-New Zealand
- 9-Nicaragua
- 10-Niger
- 11-Nigeria-The Church
- 12-Nigeria-The Lost
- 13-Norway
- 14-Oman
- 15-Pakistan-The Church
- 16-Pakistan-The Lost
- 17-Pakistan-Open Doors
- 18-Pakistan-Persecuted Believers
- 19-Palau
- 20-Palestine West Bank-Open Doors
- 21-Palestine West Bank-Peace
- 22-Panama
- 23-Papua New Guinea-The Church
- 24-Papua New Guinea-The Lost
- 25-Paraguay
- 26-Peru-The Church
- 27-Peru-The Lost
- 28-Philippines-The Church

29-Philippines-The Lost
30-Pitcairn Island
31-Poland-The Church

Confessing God's Word

"And the LORD God said, "It is not good that man should be alone; I will make him a helper comparable to him" (Genesis 2:18).

Father, You have ordained marriage. You created and blessed this wonderful union. How I praise You for Your wisdom and goodness for creating the institution of marriage! Father, thank You for _____. Our marriage is a gift from You. Help me to rejoice in the precious gift of her love. Enable us to make the most of our marriage. Deliver us from anything that would hinder our marriage or Your blessing on our marriage. Amen.

PRAISE GOD TODAY FOR AT LEAST FIVE THINGS THAT YOU LOVE ABOUT YOUR WIFE. SHARE THOSE THINGS WITH HER.

My Confession: I acknowledge that my wife is the gift of God. She is my helper sent from God.

Avoiding Harshness In Your Marriage

In **1 Samuel 25**, we are introduced to a man by the name of Nabal. It tells us that he was a harsh and evil man. When David asked him to share his provisions

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with him, he responded with harsh and abusive language (**1 Samuel 25:10-11**).

Some men speak to their wives in a way that might even make Nabal blush. The following are some ways that you can be harsh in dealing with your wife. These things are an abuse of the authority God has given to you in the marriage. Even though some of the items on the list may not directly involve speech, the harshness of these attitudes is usually communicated very clearly.

As you read through the list, ask yourself, "How might I be communicating attitudes of harshness to my wife?" Pray for God to reveal this to you. Repent of any abuses of your authority. Ask God for strength to exercise patience and mildness in these areas.

- Responding in a discourteous and condescending way.
- Being unjustly suspicious of her.
- Micro-managing every aspect of the wife's responsibilities.
- Prohibiting the wife from doing anything without your express consent and knowledge.
- Unwillingness to grant requests made by the wife.
- Refusing the wife's opportunity to question decisions.

- Fussing about the wife's neglect of domestic duties without sincerely offering her assistance.
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- Having a critical, condemnatory, judgmental attitude toward the wife.
- Having unrealistic expectations of the wife and/or exacting too many demands of her.
- Being intolerant of her idiosyncratic behaviors.

Defusing An Argument With Your Wife

The following are some transition sentences that you can use to help you when you're attempting to resolve conflicts with you wife. You may have to personalize it to the moment (**Ephesians 4:29**).

- ✓ "I really appreciate your concern about this."
- ✓ "Thank you for being concerned about this problem."
- ✓ "Am I hearing you correctly?"
- ✓ "Could you repeat that in a different way?"
- ✓ "I see this is important to you; therefore it is to me."
- ✓ "Let me think about that for a minute."
- ✓ "Thank you for taking the time to share this with me."

✓ "Do you have any suggestions what I could do to improve in this area?"

✓

✓

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✓ "Do I hear you say that it upsets you when I _____? Thank you for telling me."

✓ "Am I hearing you right? Is this what you are saying?"

Praying For Your Child's Usefulness In God's Kingdom

God wants to use your child to advance and build His kingdom. He has committed the precious opportunity to shape and mold your child for this purpose. The primary way that you can do this is by praying for him/her. You can cry out to God to prepare your child for usefulness in His kingdom. The following prayer guide is offered to help you plead for this.

Father, I plead that _____ would never be ashamed of the gospel of Jesus Christ. I ask that he/she will recognize it as the power of God to salvation to everyone who believes (**Romans 1:16**).

I ask that _____ would be blameless and pure, a child of God without fault in the midst of a crooked and perverse generation. Cause him/her to shine like a star in the universe as

he/she holds out the word of life
(**Philippians 2:15-16**).

I pray that _____ will be
filled with the knowledge of Your will

through all spiritual wisdom and
understanding so that he/she may live a
life worthy of You and may please You in
every way. I ask that he/she would bear
fruit in every good work and would
grow in the knowledge of You
(**Colossians 1:9-10**).

Lord Jesus, I plead that _____
would follow You and that You would
make him/her into fishers of men
(**Matthew 4:19**).

I ask that _____ would
sing of Your great love forever. I pray
that he/she will make known Your
faithfulness throughout all generations
(**Psalms 89:1**).

Father, I pray that You would give
_____ the words so that
he/she would fearlessly make known the
mystery of the gospel (**Ephesians 6:19**).

I ask that _____ would not
be afraid or worried. Instead, I pray that
_____ will worship and serve
Christ as the Lord of his/her life. Enable

him/her to always be ready to explain
about his/her faith and hope in Jesus
Christ. Empower him/her to do this in a

gentle and respectful way (**1 Peter 3:14-16**).

I plead that _____ would live
wisely among those who are not
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Christians and empower him/her to make
the most of every opportunity to share
his/her faith. I pray that
_____’s lifestyle would be
gracious and effective so that he/she will
have the right answers for everyone
(**Colossians 4:5-6**).

Lord Jesus, I pray that
_____ would go and make
disciples of all nations, baptizing them in
the name of the Father and the Son and
the Holy Spirit, teaching these new
disciples to obey all the commands that
You have given. Cause him/her to know
that You are always with him/her
(**Matthew 28:19-20**).

Father, I pray that You would fill
_____ with the Holy Spirit
and that _____ would share
the Word of God with boldness (**Acts 4:31**).

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