



Global Point Men

Remembering Our Legacy, Fulfilling Our Destiny

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Praying Over Your Wife's Emotions

Your wife's emotions will affect your relationship. What she experiences in her emotions will have dramatic effects in your marriage. When your wife's emotions are in the hands of the evil one, everything gets out of control and the results are unpleasant and upsetting. Yet, when God is in charge, her emotions are an asset and the end result is peaceful and soothing.

Men react in a variety of ways to their wives' emotions. Some men ignore their wives' emotions. Others withdraw from the wife. Some men make light of what their wives are experiencing. In addition, some men turn up the volume of their lives in order to drown out what their wives are experiencing.

However, the best way to deal with your wife's emotions is to ask God to help you understand what your wife is feeling and pray accordingly. God can and will use your prayers to protect her from the enemy's lies. He will use your prayers to enable her to experience

emotional stability. You are not required to heal your wife of her emotional hurts. You are not responsible to fix her. Only God can heal her and grant her emotional stability. You are responsible to love her and pray for her.

The following prayers are offered to help you plead for your wife's emotional well being. In order to use them, place your wife's name in the blank and plead the truth of the Scripture.

Father, I plead that You will enable me to love _____ unconditionally. Help me show this love to her in all the circumstances of our lives together (**Romans 5:5**).

Father, I ask that I would be a servant to _____. Enable me to give myself to ministering to her and encouraging her (**Matthew 20:28**).

Holy Spirit, sensitize me to _____'s tasks, weariness, joys, uncertainties, trials, and needs (**Ephesians 5:18**).

Father, I pray that You would deliver _____ from a spirit of fear. Yet, I plead that You would create within her a spirit of power and of love and of a sound mind (**2 Timothy 1:7**).

Father, I ask that _____ would be filled with joy given by the Holy Spirit. I pray that _____ would pray without ceasing and give thanks to You in all circumstances (**1 Thessalonians 5:16-18**).

Father, I pray that would you grant _____ emotional stability. I plead that by Your sovereign power You would strengthen her emotionally and help her not to yield to sinful emotions (**Psalms 115:3**).

Father, I ask You to guard _____'s mind from the lies of the evil one. He is a liar and will attempt to deceive _____. He will lie to her in order to create any and all kinds of sinful emotions in her. Protect her from these lies. Give her the wisdom and the strength to recognize them and overcome them (**John 8:44**).

Mighty God, I ask You to show _____ that she is

fearfully and wonderfully made. Teach her that she is precious in Your sight and that You love her unconditionally (**Psalms 139:14-15**).

Father, I pray that _____ would not surrender to fear, frustration, worry, or guilt. I plead that she will not be afraid in any circumstance but will know that You are her God and that You will be with her no matter what. I ask You to strengthen her and uphold her by Your righteous hand (**Isaiah 41:10**).

Father, I pray that _____ would love her enemies, do good to those who hate her, and pray for those who mistreat her. Enable her to treat others, as she would have them treat her (**Luke 6:27-31**).

Father, create within _____ a forgiving spirit. I pray that You would protect her from bitterness and anger (**Ephesians 4:32**).

Father, I plead that _____ would be diligent to confess and repent of her sin. I pray that she would not be bogged down by past sins and guilt. Deliver her from guilt and grant her the blessedness of pardon and peace (**1 John 1:9; Proverbs 28:13**).

Father, it is You alone that makes a person safe and secure. I plead that

_____ will trust in You and that she will experience Your safety and Your security (**Psalm 4:8**).

Father, You are the Healer of the brokenhearted. You bind up the emotional wounds of the past. Father, I ask in the name of Jesus that You will grant emotional healing in _____'s life. I plead that You would deal with any emotional weaknesses in _____'s life (**Psalm 147:3**).

The Praying Husband Bible Study

Lesson 3:

Developing Your Personal Prayer Life

Central Truth: *In order to pray with power and effectiveness for your wife, you must develop your personal prayer life.*

Developing your personal prayer life is the foundation of praying for you wife. You cannot pray in power for her if you are not seeking God on a daily basis. God has given you the remarkable privilege of prayer, "And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying, crying out, 'Abba, Father!'" (**Galatians 4:6**).

Prayer is a gift from God. Yet, it is also a discipline that you must cultivate.

What did the disciples ask Jesus to do in **Luke 11:1**? How does this apply to you?

Developing your prayer life requires that you cultivate the five essential parts of prayer.

Read And Meditate On The Word God

The following verses reveal the five essential parts of prayer. Read these verses and meditate on the truths. Ask yourself, "Am I practicing this in my prayer life on a regular basis?"

Psalm 34:1-2

1 John 1:9 & Proverbs 28:13

1 Thessalonians 5:18

Matthew 7:7-11

Ask your Father now to teach you how to pray. Call on Him to transform your prayer life.

Praying For Your Relationship

Pray that God will transform your wife's prayer life. Call on Him to give both of you a heart to seek Him in prayer. Claim **Colossians 4:2** for your marriage, "Devote yourselves to prayer with an alert mind and a thankful heart" (NLT).

John 10:27*Listening And Speaking To Your Father*

Ask your Father to help you evaluate your prayer life. Plead with the Holy Spirit to help you understand your strengths and weaknesses in prayer. As He gives you insight, record your evaluation of your prayer life below.

Your World Prayer Plan**May**

- 1-Hungary-The Lost
 - 2-Iceland
 - 3-India-The Church
 - 4-India-Spiritual Warfare
 - 5-India-Mission Efforts
 - 6-India-Bible Translation\Distribution
 - 7-India-Massive Conversions
- States of India:
- 8-Andhra Pradesh; Arunachal Pradesh
 - 9-Assam
 - 10-Bihar; Goa; Gujarat
 - 11-Haryana; Himachal Pradesh
 - 12-Jaamu; Kashmir; Karnatara
 - 13-Kerala; Madhya Pradesh
 - 14-Maharastra
 - 15-Manipur; Meghalaya
 - 16-Mizoram; Nagaland
 - 17-Orissa; Punjab
 - 18-Rajasthan; Sikkim

19-Tamil Nadu; Tripura
 20-Uttar Pradesh
 21-West Bengal
 22-The Seven Union Territories
 23-Indonesia-The Church/Revival
 24-Indonesia-Government
 25-Indonesia-Lost/Mission Efforts
 26-Indonesia-Young People
 27-Iran-The Church
 28-Iran-The Lost
 29-Iraq-The Church
 30-Iraq-The Lost
 31-Ireland

June

1-Israel-Mission Efforts
 2-Israel-Peace
 3-Italy-The Church
 4-Italy-The Lost
 5-Italy-Spiritual Awakening
 6-Jamaica
 7-Japan-The Church
 8-Japan-The Lost
 9-Johnston Island
 10-Jordan
 11-Kazakhstan-The Church
 12-Kazakhstan-Mission Efforts
 13-Kenya
 14-Kiribait
 15-North Korea-The Church
 16-North Korea- Open Doors For
 Gospel
 17-North Korea-The Lost
 18-South Korea-The Church
 19-South Korea-Continued Revival
 20-Kuwait

21-Kyrgystan-The Church
 22-Kyrgystan-Mission Efforts
 23-Laos
 24-Latvia
 25-Lebanon
 26-Lesotho
 27-Liberia
 28-Libya
 29-Liechtenstein
 30-Lithuania

Confessing God's Word

"Husbands, likewise, dwell with them with understanding, giving honor to the wife as the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered" (1 Peter 3:7).

Holy Spirit, make me sensitive to _____ and her needs. Cause me to be aware of what she needs and when she needs it. Teach me how to minister to her. Amen.

ASK YOUR WIFE TO PRAY IN AGREEMENT WITH YOU CONCERNING YOUR PRAYER FOR GREATER SENSITIVITY.

My Confession: I will be sensitive to my wife and her needs. I will seek to minister to her in every way that I can through God's empowering.

God's Purpose For Marriage

Whether a marriage is disastrous or marvelous depends greatly on the couples' view of marriage. How a man thinks about marriage will certainly affect his perspective on his role, his wife's role, or the relationship itself. Since God instituted marriage, we must look to His Word to find His purpose for marriage. Then, we must conform our thinking to His truth.

Since God instituted marriage, we can know that it is good and has perfect purposes. God's overall purpose is to bring glory to Himself. He does this overarching purpose through four basic purposes. In the coming issues of Global Point Man, we will look at the purposes.

The first purpose for marriage is:

Companionship

After creating Adam, God declared, "It is not good for man to be alone; I will make him a helper suitable for him" (**Genesis 2:18**). This verse shows that God planned to make someone "suitable" for Adam. The word "suitable" means "compatible or corresponding to him."

After this, God brings the animals to Adam for naming (**Genesis 2:20**).

This is an interesting order of events. God says that he would make Adam a helper suitable to him. He then brings the animals before Adam. Why did God do this? Why would he declare his intention and then bring the animals for naming?

Certainly, God knew that none of the animals would be right for Adam. Yet, God wanted to show Adam his need for a companion. He wanted to create a longing in Him for a suitable helper. He desired to awaken a sense of need in Adam and to show him that nothing in creation could meet this longing. The animals could be present. The animals, like an ox, could help him. Yet, none of them could be a companion – a helper suitable to him.

God then provided Eve. He formed Eve and gave her to Adam. This reveals that God purposed for marriage to be for companionship between a man and a woman. From the creation account, it is clear God provided marriage for companionship.

Why is it important for a godly man to know this? First, the godly man will determine in his heart to treat his wife as his special companion. This will naturally happen to some degree over time. Yet, a Christian man seeks to be a better companion to his wife. He does this because it is the will of God.

Second, the godly man seeks to pass this on to his son. The world will teach young men a variety of reasons for

marriage. Yet, we must know what God says and pass that on to the next generation.

Developing Companionship With Your Wife

The following are some suggestions on how you can deepen and strengthen your companionship with your wife. Ask God to give you insight on how you can do this. Pray for the grace and power to work at this. Determine your heart to treat her as your special companion – a gift from the Lord to you.

Be with her and involved with her.

- Develop common interests with her.
- Plan to spend time alone with her.
- Call her from work.
- Tell her about what you do.
- Tell her how she can help you

Reveal yourself to her.

- Share your dreams, goals, and perspectives with your wife.
- Share with her how she can pray with you.

Seek to understand and help her.

- Plan a regular time to talk about her concerns and pray with her that she will find answers for those concerns.
- Ask about her well-being and then pay attention.
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- Ask what she did today and then actively listen.
- Pray with her.
- Ask her what you can pray about for her.
- Help her when she needs it.

Appreciate her.

- Speak well of her to others.
- Thank God for her.
- Leave notes of appreciation.
- Think about and verbalize qualities and deeds of her that you are thankful for.

Treat her special in comparison to others.

- Put her needs and desires above others.
- Plan dates.
- Open doors and car doors for her.
- Show her non-sexual affection.
- Be sexually intimate with her, focusing on her pleasure.

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